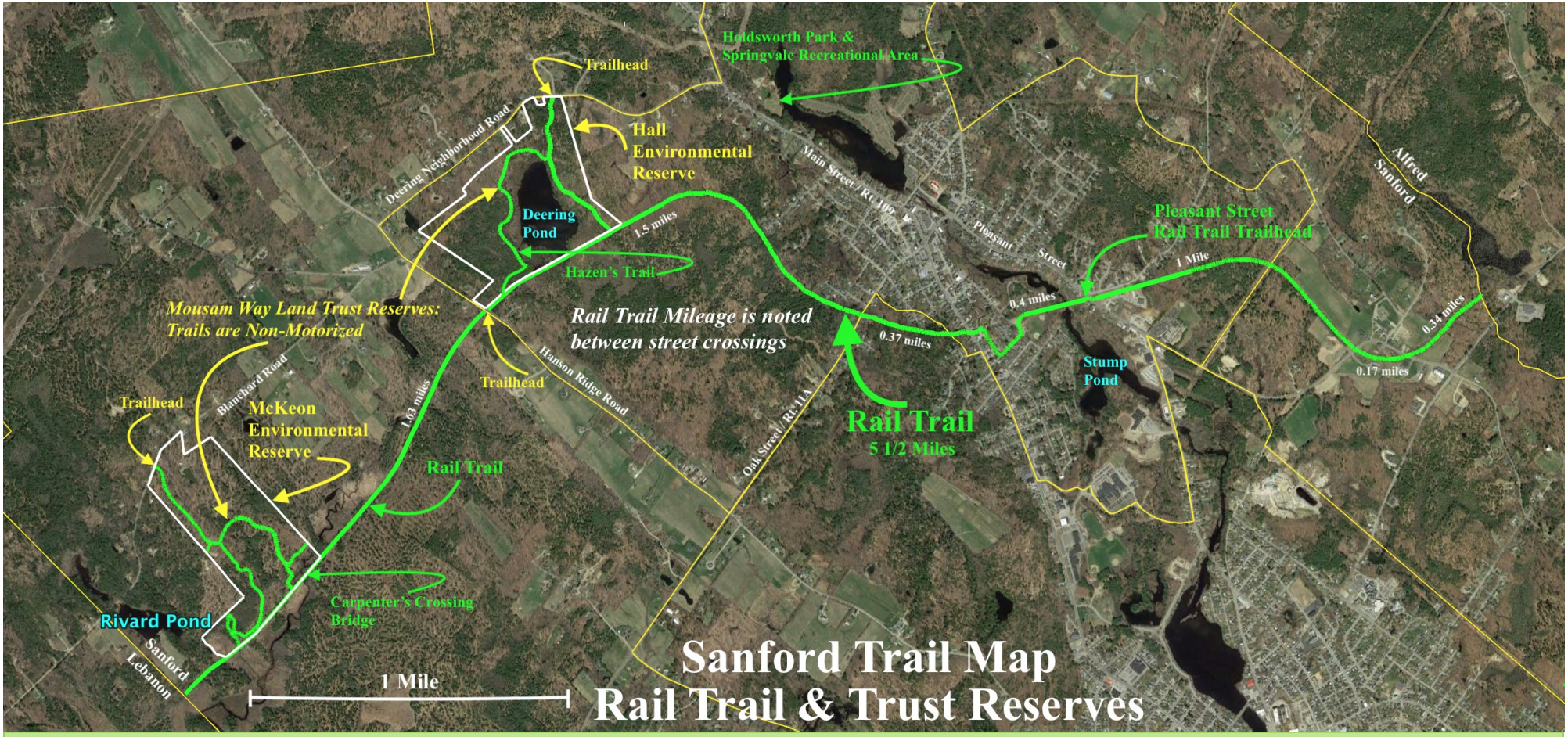

The Rail Trail (multi-use trail open to ATV's, snowmobiles, horseback riding and mountain bikes. Exception: All Mousam Way Land Trust trails are only for NON-MOTORIZED access)

Trailhead Access

- *Rail Trail/Pleasant Street intersection*
- *Rail Trail/Hanson Ridge Road intersection*

Trail Description

About 5 1/2 miles long, Sanford's Rail Trail follows the old Portland and Rochester Railroad Company rail bed, passing through many scenic areas in Sanford. This well maintained, multi-use, flat, gravel-topped trail is easily walked and used year round, with stores, ponds and rivers, marshlands, scenic stone bridges, and forested areas for everyone to enjoy. There are trail heads on Hanson Ridge Road and Pleasant Street with plenty of parking. Many looped trail outings are possible using linked trails of the Mousam Way Land Trust's Reserves described elsewhere, and/or the pleasant country roads in the area. Near the end of the 1800's a freight car loaded with sugar derailed and sank out of sight in a bog at the Sanford-Lebanon line. A conical knoll of rocky glacial till just within Lebanon marks the spot and has come to be known as "Sugar Loaf Hill."